

PEAK Internship Fall Update!

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Spring Canyon PEAK Fellows & Internship

Fall 2023 Update



2023/2024 Intern and Fellows Cohort

(L-R Back: Caelan Ballard, Jedaiah Ward, EJ Byers, Owen Guilliams, Vivian Baker,
Andrew McMullen, Tucker Botts, Sam Heath
L-R Front: Haylie Alexander, Emma Heath, Ian Wooten, Calvin Tattershall, Titus Harper)

Hi All,

We are enjoying our new class of eight interns who arrived on Aug 30, 2023. They spent two weeks in orientation learning the ins and outs of the conference center operations as well as beginning the academic program and getting certified to belay on our climbing wall. Orientation ended with a fun trip to the Great Sand Dunes for some camping, exploring, discussion, and solo time.

Our first class of Fellows is also in full swing this year. Five of our 22/23 interns returned to participate in the PEAK Fellows program on Aug 15, 2023. They hit the ground running since they all know what they are doing. Haylie Alexander is our Head of Housekeeping and preps and leads all housekeeping operations (including mouse removal). Emma Heath works as the Guest Services Lead and is a great face of Spring Canyon to greet our guests. Titus Harper and Calvin Tattershall are both working hard as Maintenance Assistants, learning new skills and leading the interns. Ian Wooten is stepping up in the kitchen as a Cook in Training and doing a fantastic job carrying full meals for our retreats.



The Interns at Holy Water to climb and rappel during Intern Orientation in September. Jedaiah is rappelling Aussie style here!



The interns after completing Defensive Shooting led by Col Hawthorne

The interns are working hard as they support our busy retreat schedule, while also gaining leadership skills as they take turns heading up the weekly kitchen and housekeeping crews. They not only lead their fellow interns, but oftentimes they are also supervising our volunteer weekend warriors.



Spring Canyon staff at the annual BV Strong community dinner



Interns game night at the Truitts'

In the midst of all the service the Interns are also learning some great life lessons in the academic program:

- 1. What it means to live honorably while studying the Arthurian Legend through King Arthur and His Knights of the Round Table by Roger Lancelyn Green and Idylls of the King by Alfred Tennyson.
- 2. How to take responsibility for their thoughts, words, and actions through 12 Rules for Life by Jordan Peterson.
- 3. How to live well in Christian community by reading <u>Life Together</u> by Dietrich Bonhoeffer.
- 4. How to recognize and abate the subtle and insidious influences of culture by experiencing difficult choices in <u>Of Mice and Men</u> by John Steinbeck
- 5. What it really means to sacrifice and live with gratitude by studying the life of Ivan Denisovich in <u>One Day in the Life of Ivan Denisovich</u> by Aleksandr Solzhenitsyn.
- 6. How to understand their worldview as it relates to various worldviews available to them, and form their own solid foundation of beliefs through reading The Universe Next Door by James Sire.
- 7. How to get all they can out of these great books by reading <u>How to Read a Book</u> by Mortimer Adler.
- 8. The value of journaling as they write for 10 minutes, six days a week.

- 9. How to have good conversations through the discussion of all the books listed.
- 10. How they are gifted by God through individual Strengthsfinder counseling. We hope this assists as they are looking ahead to their next steps.

The Fellows also have their own academic program and join in the discussion with the Interns every Thursday afternoon. They are considering:

- 1. More about how to take responsibility for their thoughts, words, and actions through <u>Beyond Order</u> by Jordan Peterson
- 2. How to recognize and abate the insidious influence of secularism in western culture by considering <u>Saving Leonardo</u> by Nancy Pearcy
- 3. Of Mice and Men and King Arthur and His Knights of the Round Table (see the Intern list)





Of course, there is also time to enjoy the beautiful Rocky Mountains. Some have been hiking and mountain biking; and others are looking forward to the rapidly approaching ski season. We also spent some time outdoors at the shooting range learning fundamentals of self defense. The Fellows have two days a week off and are making great use of that time doing some further exploring that they didn't get to last year.

Blessings,

Andy and Heidi Truitt











Spring Canyon is a ministry of Officers' Christian Fellowship

For more information visit us at our website www.springcanyon.org

Or contact us at (719) 395-2328

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